

tamāya

Spa • Salon • Wellness

BODY TREATMENTS

- ☘ COFFEE AND COCONUT OIL SCRUB** Duration: 30 minutes - INR 2500
A great exfoliator for rough or dry skin, ideal for cellulite and stretch marks, delivering soft and glowing skin.
- ☘ DETOX SALT SCRUB** Duration: 30 minutes - INR 2500
A stimulating treatment using local salt to gently sweep away dull cells giving smooth, soften and renewed skin.
- ☘ DETOX BODY RITUAL** Duration: 60 minutes - INR 4500
This purifying treatment uses coffee blended with coconut oil to detoxify and tighten the skin. It is followed by a green clay mask to deeply moisturize and nourish the skin.
- ☘ HYDRATING BODY RITUAL** Duration: 60 minutes - INR 5000
This hydrating body wrap uses locally grown aloe vera and soothing lavender to calm the skin. It is followed by a body brush exfoliation.

FITNESS AND WELLNESS WITH TAMAYA

- YOGA / PERSONAL TRAINING** Duration: 45 mins - INR 1800
- AERIAL YOGA** Duration: 45 mins - INR 2000
- MEDITATION IN CAVE** Duration: 60 mins - INR 1500
- ENERGY HEALING- REIKI** Duration: 45mins - INR 3000
- GROUP YOGA (UP TO 10 PEOPLE)** Duration: 60mins - INR 8000

All above prices are in INR. Government taxes as applicable.



JAYPEE GREENS GOLF & SPA RESORT

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JOURNEYS

Natural products and a holistic approach to overall wellbeing are the guiding principles of our spa philosophy. Our therapists have a wide range of skills and areas of expertise and can personalize treatment to suit the individual needs.

We invite you to revive with your true essence and vitality allowing the healing power in nature and our trained and loving hands to assist you on this journey. All of our journeys are designed with you in mind. However we would also love to create an experience just for you – No request is too great and no detail is too small for our dedicated team.

-  **DETOX DAY** Duration: 135 minutes - INR 8500
Coffee and coconut oil body scrub, detoxifying coffee body wrap with detox massage.
-  **NOURISH AND GLOW** Duration: 135 minutes - INR 10000
Hydrating body wrap with signature massage and express facial.
-  **ROMANCE JOURNEY** Duration: 160 minutes - INR 16000
Steam with full body scrub and signature massage followed by rose petal milk bath - served fruit and ginger tea in the package.
-  **COUPLE ESCAPE** Duration: 90 minutes - INR 11000
Spend blissful moments with your partner. Indulge in our hand-picked 60 minute massage, followed by a relaxing aqua therapy.
-  **TOGETHER JOURNEY** Duration: 135 minutes - INR 13000
Signature hammam with back massage and aromatherapy bath

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