

tamāya[®]

Spa • Salon • Wellness

BODY TREATMENTS

-  **COFFEE AND COCONUT OIL SCRUB** Duration: 30 minutes - INR 2500
A great exfoliator for rough or dry skin, ideal for stretch marks and cellulite delivering soft and glowing skin.
-  **DETOX SALT SCRUB** Duration: 30 minutes - INR 2500
A stimulating treatment using local salt to gently sweep away dull cells and smooth, soften and renew the skin.
-  **DETOX COFFEE BODY WRAP** Duration: 45 minutes - INR 3400
This purifying body wrap uses coffee blended with coconut oil to detoxify and firm the skin. It is followed by a green clay mask to deeply moisturize and nourish.
-  **HYDRATING BODY WRAP** Duration: 60 minutes - INR 4500
This hydrating body wrap uses locally grown aloe vera and soothing lavender to calm the skin. It is followed by a body brush exfoliation and banana leaf wrap to lock in the moisture. Locally-inspired

FITNESS AND WELLNESS WITH TAMAYA

-  **PERSONAL FITNESS TRAINING** Duration: 45mins - INR 1800
-  **PARTNER TRAINING (TWO PEOPLE)** Duration: 45mins - INR 1800
-  **AERIAL YOGA** Duration: 45mins - INR 2000
-  **YOGA** Duration: 60mins - INR 1800
-  **MEDITATION** Duration: 45mins - INR 1700
-  **PRANAYAMA** Duration: 45mins - INR 1700

All above prices are in INR. Government taxes as applicable.



JAYPEE GREENS GOLF & SPA RESORT

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