






# tamāya<sup>®</sup>

Spa • Salon • Wellness

## JOURNEYS

Nature, natural products and a holistic approach to overall wellbeing and personalized service are the guiding principles of our spa philosophy. Our therapists have a wide range of skills and areas of expertise and can personalise treatment to suit the individual.

We invite you to revive with your true essence and vitality allowing the healing power in nature and our trained and loving hands to assist you on this journey. All of our journeys are designed with you in mind. However we would also love to create an experience just for you – No request is too great and do detail is too small for our dedicated team.

-  **DETOX DAY** **Duration: 135 minutes - INR 8500**  
Coffee and Coconut Oil Body Scrub Detoxifying Coffee Body Wrap Detox Massage
-  **NOURISH AND GLOW** **Duration: 135 minutes - INR 10500**  
Hydrating Body Wrap with signature massage and Express Facial.
-  **TOGETHER JOURNEY** **Duration: 135 minutes - INR 13000**  
Signature Hammam with Back Massage and Aromatherapy Bath
-  **ROMANCE JOURNEY** **Duration: 160 minutes - INR 16000**  
Steam with full body scrub and Signature Massage followed by Rose Petal Milk Bath - Served Fruit and Ginger Tea in the package
-  **YOGIC INTESTINAL WASH** **Duration: 60 minutes - INR 3200**  
Detox and cleanse the digestive system in a natural and non-invasive way with Laghoo Shankha Prakshalana.
-  **COLONIC CLEANSE** **Duration: 60 minutes - INR 4900**  
A cleansing treatment to help the body expel unnecessary waste and toxins, boosting the immune system and inducing a sense of lightness.

All above prices are in INR. Government taxes as applicable.



**JAYPEE GREENS GOLF & SPA RESORT**

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