

TAMAYA SPA - HOW TO SPA

W TAMAYA SPA OPENING HOURS

Daily 7:00 am to 9:00 pm

W GYM OPENING HOURS

Daily 6:30 am to 9:00 pm

SPA RESERVATIONS

For spa enquiries or reservations, please dial 3272 from your hotel room or contact the spa reception on T +91 (0) $120\,674\,3271/3272$. Advance bookings are recommended to secure your preferred treatment time.

PRIOR TO ARRIVAL

We recommend that you leave all jewelry and valuables in your room before coming to the spa. Male guests are advised to shave prior to all facial treatments to ensure that maximum results are achieved. We recommend booking the steam and experience shower, prior to any treatment. This will stimulate your blood and lymphatic systems and enhance the benefits of your spa treatment.

M ARRIVAL

Please arrive 30 minutes prior to your treatment in order to complete your health assessment form and take time to relax in the tranquil surroundings of our spa before your treatment.

CONSULTATION

Personal consultations are offered to determine your specific needs and to allow us to design your treatment experience or a more comprehensive spa schedule.

M. LATE ARRIVALS

Out of respect for other guests' reservations, please be aware that we are unable to extend your treatment time in case of late arrivals.

CANCELLATIONS

Please allow five hours' notice on individual treatments and 24 hours' notice on spa packages; otherwise, 50 percent of the treatment price will be charged. Failure to keep your appointment will result in a 100 percent treatment charge.

DURING YOUR STAY

In consideration of other guests, smoking and active mobile phones are not permitted in the spa. Jaypee Spa is a sanctuary of peace and harmony, so please be aware of the volume of your voice so as not to disturb other guests.





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M AFTER YOUR TREATMENT

We recommend that you do not sunbathe after any massage, body treatment or depilatory waxing for at least six hours. To extend your spa experience at home, a variety of spa products are available for purchase at the Spa Gallery.

JOL PAYMENT

For hotel guests, all treatments will be charged to your guest room folio and will appear on your account at the time of departure from the hotel. Otherwise, major credit cards or cash are accepted at the spa reception.

UN CHILDREN

We love children and would encourage them to enjoy our Children's spa.

GYM POLICIES

For your personal safety, we ask that you wear sports shoes. All personal belongings including clothing, footwear and personal items must be kept in the gym lockers and not in the guest service areas.

MEMBERSHIP BENEFITS

Spa members can redeem their complimentary spa benefits between Monday to Thursday only.